# State of Connecticut

# Department of Correction

**Program Development** 

### Alphabetical Listing of Programs for HARTFORD CC

## **Addiction Services Tier 1 Substance Abuse Education Program**

#### **Description**

The Tier 1 program consists of six (6) substance abuse education group sessions, including a minimum of one fellowship meeting. This program is designed to present basic substance abuse information, confront denial, and encourage further treatment involvement.

**Facility:** 

Hartford CC

**Auspices:** 

**Addiction Services** 

Types:
Addiction

## **Adult Basic Education (ABE)**

#### **Description**

ABE is the primary program of instruction designed to provide training in basic academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing proficiency to the eighth grade level.

**Facility:** 

Hartford CC

**Auspices:** 

USD#1

Types:

Academic Education

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## **Beyond Fear**

#### **Description**

This is an AIDS education program utilizing a curriculum, printed materials, and an educational video developed by the Department of Public Health. The program is delivered by a contracted outside agency, and funded through the Department of Public Health.

#### **Facility:**

Hartford CC

#### **Auspices:**

Addiction Services, Contracted Program, Health Services

#### Types:

Health Education

### **Bridging the Gap**

#### **Description**

Alcoholics Anonymous is one of the most important self-help resources for alcoholic men and women. A very important first step for inmates being released into the community is attending the first meeting as soon as possible following release. Addiction Services staff in the institution utilize a toll-free telephone number to get information about the nearest AA meeting location, along with the name of a contact person. An AA member then will contact the inmate upon release and even provide transportation to a meeting.

**Facility:** 

Hartford CC

**Auspices:** 

Addiction Services, Volunteer Services

**Types:** 

Addiction, Transition

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## **Catholic Bible Study**

#### **Description**

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

#### **Facility:**

Hartford CC

**Auspices:** 

Religious Services

Types: Religious

### **Catholic Mass**

#### **Description**

This is the weekly Catholic worship service.

Facility:

Hartford CC

**Auspices:** 

Religious Services

**Types:** 

Worship Services

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## **Catholic Studies**

#### **Description**

Participants in this program study materials from the Confirmation Lesson Plan Guide. This study prepares students for the sacrament of Confirmation.

#### **Facility:**

Hartford CC

#### **Auspices:**

Religious Services

Types: Religious

#### Choir

#### **Description**

Both Catholic and Protestant inmates are able to join choirs in their respective religious service. These choirs both enhance the religious liturgies and add a level of veneration to those services.

#### **Facility:**

Hartford CC

#### **Auspices:**

Religious Services

Types: Religious

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#### **Connecticut Works**

#### **Description**

This is a statewide program with 18 offices in Connecticut. CT WORKS is a partnership among the Connecticut Department of Labor, regional Workforce Development Boards, and a number of state and community organizations. Its mission is to enhance the economic development by addressing the special employment and training needs of both job seekers and employers. This program is offered to inmates that are Veterans in need of job services.

**Facility:** 

Hartford CC

Auspices:

Facility Staff

**Types:** 

Transition

### **Educational, Career Resources and Job Fairs**

#### **Description**

These types of Fairs are conducted in the form of a professional conference for students. The educational staff invite a keynote speaker and students proceed to attend individual workshops on a variety of topics. The goal of these Fairs is to assist inmates with their transition plans before they return to the community.

**Facility:** 

Hartford CC

**Auspices:** 

Addiction Services, USD#1

**Types:** 

Academic Education, Transition

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## **Family Education & Parenting**

#### **Description**

This program is designed to help inmates with children become responsible parents. Inmates have classes in parenting skills and in some cases read children's books into audio or video-cassettes to send home to their children. Components of the parenting skills classes include parenting from a distance, discipline techniques, and communicating with children.

**Facility:** 

Hartford CC

**Auspices:** 

Facility Staff, USD#1

**Types:** 

Family

## **General Educational Development (GED)**

#### **Description**

The GED is the primary program of instruction for students functioning above an eighth grade level who wish to earn a State of Connecticut high school diploma through the examination process. GED Tutors and volunteers assist Department teachers by helping inmates prepare for the GED Exam and/or by helping to teach basic language skills.

**Facility:** 

Hartford CC

**Auspices:** 

USD#1

**Types:** 

Academic Education

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## **HIV Counseling, Testing & Risk Reduction Education**

#### **Description**

When inmates are tested for HIV, the department provides standardized counseling by Department of Public Health certified counselors before and after testing. Counseling components include what HIV and AIDS are, how to get it, how to avoid getting it, what it means to be HIV positive, how to take care of oneself if one is HIV positive, and help in dealing with the associated feelings.

**Facility:** 

Hartford CC

**Auspices:** 

Health Services

**Types:** 

Health Education

### **HIV Support Services**

#### Description

The Department demonstrates a collaborative approach in providing HIV support services to inmates in all facilities. A UCONN (Contracted) Heath Services Team coordinates testing and counseling services; the Department's School District conducts classroom instruction about HIV; the Department's Addiction Services Unit Counselors provide HIV education and prevention counseling; a number of volunteers serve as "buddies" or sponsors; and Hartford's Community Partners in Action (CPA) receives funding from foundations, grants as well as support from the state's Department of Mental Health and Addiction Services to operate the "Beyond Fear" Program. Altogether the Department hosts a complete program that includes counseling, testing, education focus groups, videos, intervention strategies and is able to assist discharging inmates with need for such services as housing, medical treatment, food, clothing and transportation.

**Facility:** 

Hartford CC

**Auspices:** 

Health Services

**Types:** 

Health Education

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## Islamic (Quran) Study

### **Description**

Quran readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Islamic principles.

#### **Facility:**

Hartford CC

**Auspices:** 

Religious Services

Types: Religious

## **Jewish Worship and Torah Studies**

#### **Description**

Jewish Worship services and Torah studies are conducted weekly. During the Holy Days, services are celebrated under the supervision of the Religious Coordinator.

#### **Facility:**

Hartford CC

**Auspices:** 

Religious Services

**Types:** 

Worship Services

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#### **Jumah**

#### **Description**

Jumah is the weekly Muslim worship service.

#### **Facility:**

Hartford CC

#### **Auspices:**

Religious Services

#### **Types:**

Worship Services

## **Literacy Volunteers of America**

#### **Description**

An active group of community volunteers, as well as inmate volunteers, contribute hundreds of hours to combat illiteracy for inmates in all of the facilities. Basic reading, vocabulary and comprehension skills are stressed.

#### **Facility:**

Hartford CC

#### **Auspices:**

USD#1, Volunteer Services

#### **Types:**

Academic Education

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## **Project Johnson**

#### **Description**

Youth-At Risk tours are conducted at the facility for at-risk juveniles from various agencies statewide. Project Johnson is a cooperative venture between the Manchester Youth Service Bureau, The Manchester Police Department, and the Hartford and York Correctional Facilities. Project Johnson is a diversion program for "at risk" youths in which they get to see first hand the inner workings of a correctional facility. The youths are permitted to enter the housing of the general inmate population; this is crucial in allowing the youths to feel the fear, vulnerability, anxiety and apprehension of incarceration. The majority of youths who get into trouble today don't fear the possibility of imprisonment because it is so abstract to them. The goal of Project Johnson is to show these youths the "reality" of prison incarceration, resulting in less recidivism and violations of probation. The prison tour shows these youths the negative consequences of poor choices. In addition the Project shows them the positive consequences of good choices: selected groups now spend the afternoon at Manchester Community College. The youths are given a tour of the campus, including the computer labs, sports and arts facilities and student activity centers. The program sends the message to the youths that they can be successful in school and in life, if they choose to be.

**Facility:** 

Hartford CC

**Auspices:** 

Facility Staff

Types:

Community Service

## **Protestant Bible Study**

#### **Description**

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

**Facility:** 

Hartford CC

**Auspices:** 

Religious Services, Volunteer Services

Types: Religious

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## **Protestant Bible Study (Spanish)**

#### **Description**

Biblical readings are reviewed with Spanish inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

**Facility:** 

Hartford CC

**Auspices:** 

Religious Services

Types: Religious

## **Protestant Service**

**Description** 

This is the weekly Protestant worship service.

**Facility:** 

Hartford CC

**Auspices:** 

Religious Services, Volunteer Services

**Types:** 

Worship Services

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## **Protestant Service (Spanish)**

Description

This is the weekly Protestant worship service conducted in Spanish.

**Facility:** 

Hartford CC

**Auspices:** 

Religious Services, Volunteer Services

**Types:** 

Worship Services

## **Special Education and Pupil Services**

#### **Description**

The special education teachers, pupil services specialists (School Psychologists, School Counselors, School Social Workers), and the associated clerical and durational staff provide services to students with handicapping conditions which interfere with their ability to participate in school. These services are mandated by federal (Individuals with Disabilities Education Act Amendments of 1997) and state (Connecticut General Statutes 10-76) statute. Special education services encompass a broad array of activities including assessment, counseling, transition planning, and both the direct and indirect (e.g. consultation) services of the special education teachers and pupil services staff. Student programs are designed according to the individual needs of each student with disabilities and are specified in an Individualized Education Plan (IEP.)

**Facility:** 

Hartford CC

**Auspices:** 

USD#1

**Types:** 

Academic Education

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## **Sponsorship Behind the Walls**

#### **Description**

This program is designed for inmates participating in a 12-step recovery program. It enables participants to write to an outside sponsor in order to work the 12 steps of recovery.

**Facility:** 

Hartford CC

**Auspices:** 

**Addiction Services** 

Types: Addiction

## **Teaching English to Speakers of Other Languages (TESOL)**

#### **Description**

TESOL is an instructional program for students whose primary language is not English. TESOL instruction helps students to speak, read and write English or assists them in developing the language skills necessary for overall academic and vocational progress.

**Facility:** 

Hartford CC

**Auspices:** 

USD#1

**Types:** 

Academic Education

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#### Transition/School to Work

#### **Description**

The Transition/School to Work program's mission is to place participating students in employment and/or vocational/educational programs and to provide each student with a needs-based transition plan prior to his/her release to maximize potential for successful re-entry into society. School-based and work-based learning opportunities are provided through job and resource fairs, employment skills curriculum, sessions with transition counselors and meetings with a transition coordinator. A USD#1 brochure describing this program is available.

Facility:
Hartford CC
Auspices:
USD#1
Types:

## Transitional Linkage into the Community (TLC)

#### **Description**

**Transition** 

Transitional Linkage into the Community (TLC) is a program of Community Partners in Action which provides discharge planning for inmates with HIV/AIDS. TLC serves every prison and jail in the state, and works with clients returning to every region of the state. TLC case managers meet clients' emergency needs upon release, and connect them with services in their local communities for continuing care and assistance.

**Facility:** 

Hartford CC

**Auspices:** 

Contracted Program, Health Services

**Types:** 

Health Education, Transition

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## **Veterans Group**

#### **Description**

This is a group that provides information for presently incarcerated inmates concerning veterans benefits available to them.

**Facility:** 

Hartford CC

**Auspices:** 

Volunteer Services

**Types:** 

Self Improvement

## Victim-Offender Dialogue

#### Description

For a variety of reasons, it is sometimes helpful for victims to meet with offenders. The department's Victim Services Unit evaluates and when appropriate facilitates this dialogue. The process is designed to achieve the objectives of restorative justice, healing the victim, and confronting and holding the offender accountable. Although this process can often be very helpful to the inmate, all such dialogues are initiated at the request of victims.

**Facility:** 

Hartford CC

**Auspices:** 

Facility Staff, Victim Services

**Types:** 

Domestic Violence, Victim

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## **Youth Offender Program**

#### **Description**

Through the use of federal funds, post-secondary education and transition services are provided to "youth offenders" up to the age of 26 who are eligible for parole or release within five years. A transition counselor provides assistance and counseling to encourage participants to acquire functional literacy as well as life/job skills while in prison. Students participate in post-secondary classes, complete portfolios, and develop transition plans and placement.

**Facility:** 

Hartford CC

**Auspices:** 

USD#1

**Types:** 

Academic Education, Vocational Education

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